

NSRE 2000

**U.S.D.A. Forest Service &
N.O.A.A.**

SUMMARY REPORT #4 FROM THE:

**NATIONAL SURVEY ON RECREATION AND THE
ENVIRONMENT (NSRE 2000)
(Versions 1 to 5 with Sample Frequencies
And Weighted Population Estimates)**

AMERICAN'S LIFESTYLES

INTRODUCTION

This summary is the fourth in a series that provides sample frequencies and weighted population estimates from the 1999-2000 National Survey on Recreation and the Environment (NSRE 2000). The *NSRE 2000*, in general, was conducted to discover and describe: (1) participation by Americans in outdoor recreation activities, (2) opinions concerning management of both public and private forests and grasslands, (3) the importance and value of our natural environment, (3) uses and values of wildlife and wilderness, (4) people's lifestyles, and (5) recreational trips people take away from home. The *NSRE 2000* data will be used by a variety of public and private organizations for both management and research purposes.

Version's one to five had a total target sample of 22,700 Americans above the age of 16. The average length of interviews for these surveys was 17 minutes. Data was collected from July 1999 through October 2000. A total of 22, 847 useable interviews were completed.

This summary, specifically, provides sample frequencies and weighted estimates from versions two and four of the *NSRE 2000* regarding American's lifestyles as portrayed by their choice of recreation activities, leisure pursuits and social interests. Data from just two versions of the *NSRE 2000* are used because the lifestyle modules have only been included in these versions to date. Therefore the frequencies and percentages presented in this summary are based upon a total of 9,945 completed interviews.

Data from versions one to five of the *NSRE 2000* were examined for differences in demographic profiles between those surveyed and the overall population of the country. Differences were found to warrant weighting the data. The weighting strategy used a combination of multi-variate and multiplicative weights accounting for age, race, sex, education, and urban/rural differences. This weighting adjustment assures better estimates of recreation participation and trends across the general population. Subsequently, the population estimates provided in this report are from weighted sample frequencies and percentages. Furthermore, the population estimates are based upon the noninstitutionalized civilian population. Estimates of the noninstitutionalized civilian population (207.3 million) differ from the civilian population estimates (212.4 million) in that they exclude persons residing in institutions, such as nursing homes, prisons, mental hospitals or correctional facilities. People residing in such institutions are not part of the *NSRE*'s telephone sample, hence they are not contacted for interviews or used in the generation of population estimates.

Another source of bias comes from language barriers and the exclusion of non-English speaking US residents. According to the 1990 Census, 10.3% of the U.S. population is Hispanic. For the non-English speaking segment of the Hispanic population, the *NSRE 2000* is being conducted in Spanish. The most difficult part of this process is getting the translation generic enough for overall comprehension by all the various Hispanic dialects. Please note that other non-English speaking U.S. residents are excluded from the *NSRE 2000* survey. The complexity of translation and interviewing process make it cost prohibitive to conduct multi-lingual interviews.

**AMERICAN'S LIFESTYLES:
NSRE 2000 Summary (Versions 1 to 5)
(With Sample Frequencies and Weighted Population Estimates)**

The emphasis of this summary is on the lifestyles of Americans as portrayed by their choice of recreation activities, leisure pursuits, and social interests from a sample of Americans. In this summary, weighted sample frequencies and percentages for each lifestyle question incorporated in the *NSRE 2000* to date are provided. (*Please note population percentages and numbers in all tables were generated from weighted data, and rounded to the nearest decimal point).

NSRE 2000 Survey

Lifestyle Indicators

Next I would like to read a list of activities and interests that describe people's lifestyles. Please tell me if this is an activity that you do regularly, sometimes, or never as a part of your lifestyle.

Hobbies or Other Interests

LIFE A1 Spend time on creative arts such as painting, playing a musical instrument, writing, etc.

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	2565	25.8	53.5
2. Sometimes	3392	34.1	70.7
3. Never	3959	39.8	82.5
4. Don't Know	27	0.3	0.6

LIFE_A2 Enjoy making things out of wood, metal, glass, yarn, or other materials

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in millions</u>
1. Regularly	3063	30.8	63.9
2. Sometimes	3602	36.2	75.0
3. Never	3247	32.7	67.8
4. Don't Know	33	0.3	0.6

LIFE_A3 Collect stamps, coins, antiques, toys, or any other collectibles as a hobby

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in millions</u>
1. Regularly	2562	25.8	53.5
2. Sometimes	2872	28.9	59.9
3. Never	4492	45.2	93.7
4. Don't Know	17	0.1	0.2

LIFE_A4 Invest in and keep up with the stock market

	<u>Frequency</u>	<u>*Percentage</u>	<u>*Number in millions</u>
1. Regularly	1879	18.9	39.2
2. Sometimes	2364	23.8	49.3
3. Never	5668	57.1	118.4
4. Don't Know	22	0.2	0.4

Chores at Home

LIFE_B1 Do your own home improvement, decorating, or auto maintenance

	<u>Frequency</u>	<u>*Percentage</u>	<u>* Number in millions</u>
1. Regularly	2600	51.6	107.0
2. Sometimes	1514	30.1	62.4
3. Never	917	18.2	37.7
4. Don't Know	2	0.1	0.2

LIFE_B2 Grow vegetables or fruit in your garden

	<u>Frequency</u>	<u>*Percentage</u>	<u>*Number in Millions</u>
1. Regularly	2947	29.6	61.4
2. Sometimes	2154	21.7	45.0
3. Never	4829	48.6	100.7
4. Don't Know	14	0.1	0.2

LIFE_B3 Cook meals at home

	<u>Frequency</u>	<u>*Percentage</u>	<u>*Number in Millions</u>
1. Regularly	7594	76.3	158.2
2. Sometimes	1883	19.0	39.4
3. Never	454	4.6	9.5
4. Don't Know	10	0.1	0.2

Family Activities

LIFE_C1 Spend time raising children or attending activities related to them

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	4395	44.2	91.6
2. Sometimes	1633	16.5	34.2
3. Never	3872	39.0	80.9
4. Don't Know	33	0.3	0.6

LIFE_C2 Spend time with one or more grandchildren

	Frequency	*Percent	*Number in Millions
1. Regularly	2226	22.4	46.4
2. Sometimes	969	9.8	20.3
3. Never	6710	67.6	140.1
4. Don't Know	24	0.2	0.4

LIFE_C3 Take care of and play with one or more pets

	Frequency	*Percent	*Number in Millions
1. Regularly	5335	53.6	111.1
2. Sometimes	1334	13.4	27.8
3. Never	3256	32.8	68.0
4. Don't Know	16.7	0.2	0.4

Work

LIFE_D1 Operate your own independent business

	Frequency	*Percent	*Number in Millions
1. Regularly	1790	18.0	37.3
2. Sometimes	800	8.1	16.8
3. Never	7312	73.6	152.6
4. Don't Know	29	0.3	0.6

LIFE_D2 Work at home or “telecommute”

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	827	16.5	34.2
2. Sometimes	469	9.3	19.3
3. Never	3729	74.1	153.6
4. Don't Know	6	0.1	0.2

LIFE_D3 Commute more than 45 minutes to work every work day

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	1770	17.8	36.9
2. Sometimes	561	5.6	11.6
3. Never	7567	76.2	158.0
4. Don't Know	39	0.4	0.8

Sports Spectatorship

LIFE_E1 Attend ballgames or follow other professional or college sports

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	3841	38.6	80.0
2. Sometimes	3004	30.2	62.6
3. Never	3084	31.0	64.3
4. Don't Know	14	0.2	0.4

LIFE_E2 Watch sports on television

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	2356	46.8	97.0
2. Sometimes	1672	33.2	68.8
3. Never	1004	20.0	41.5

Community, Civic or Church Involvement

LIFE_F1 Donate to charitable causes or non-profit organizations

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	2226	44.2	91.6
2. Sometimes	2105	41.9	86.9
3. Never	694	13.8	28.6
4. Don't Know	5	0.1	0.2

LIFE_F2 Work as a volunteer in organized youth activities, such as sports, scouts, arts

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	1767	17.7	36.7
2. Sometimes	2495	25.1	52.0
3. Never	5658	57.0	118.2
4. Don't Know	18	0.2	0.4

LIFE_F3 Participate actively in a civic club or community service organization

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	2665	26.8	55.6
2. Sometimes	3046	30.7	63.6
3. Never	4200	42.3	87.7
4. Don't Know	25	0.2	0.4

LIFE_F4 Attend religious services and church gatherings

	<u>*Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	4755	47.9	99.3
2. Sometimes	2846	28.6	59.3
3. Never	2314	23.3	48.3
4. Don't Know	18	0.2	0.4

Vacation and Travel

LIFE_G1 Take vacations away from home at least once a year

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	5211	52.5	108.8
2. Sometimes	2850	28.7	59.5
3. Never	1858	18.7	38.8
4. Don't Know	16	0.1	0.2

LIFE_G2 Spend time at your vacation home or property, including time-shares

	Frequency	*Percent	*Number in Millions
1. Regularly	1059	10.7	22.2
2. Sometimes	894	9.0	18.7
3. Never	7941	79.9	165.6
4. Don't Know	42	0.4	0.8

LIFE_G3 Live somewhere else three or more months out of the year

	Frequency	*Percent	*Number in Millions
1. Regularly	296	5.9	12.2
2. Sometimes	219	4.4	9.1
3. Never	4501	89.5	185.5
4. Don't Know	11	0.2	0.4

Education and Self-learning

LIFE_H1 Read nature, wildlife, or environmental magazines

	Frequency	*Percent	*Number in Millions
1. Regularly	2334	23.5	48.7
2. Sometimes	3862	38.9	80.7
3. Never	3718	37.4	77.5
4. Don't Know	23	0.2	0.4

LIFE_H2 Attend classes to learn new skills, languages or subjects, for example, continuing education.

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	2337	23.5	48.7
2. Sometimes	2674	26.9	55.8
3. Never	4908	49.4	102.4
4. Don't Know	18	0.2	0.4

LIFE_H3 Attend cultural events, concerts or other performing arts

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	2704	27.2	56.4
2. Sometimes	4169	42.0	87.1
3. Never	3042	30.6	63.4
4. Don't Know	22	0.2	0.4

LIFE_H4 Read news, business, or professional magazines

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	4426	44.6	92.5
2. Sometimes	3185	32.1	66.5
3. Never	2308	23.2	48.1
4. Don't Know	17	0.1	0.2

Health and Exercise

LIFE_I1 Take walks in my neighborhood or nearby park

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	2998	59.7	123.8
2. Sometimes	1391	27.6	57.2
3. Never	636	12.7	26.3

LIFE_I2 Visit a fitness club or otherwise exercise at least 3 times a week

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	4694	47.2	97.8
2. Sometimes	2512	25.3	52.5
3. Never	2718	27.4	56.8
4. Don't Know	10	0.1	0.2

Environmental Behaviors

LIFE_J1 Recycle household products such as glass, paper, or plastic

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	5979	60.2	124.8
2. Sometimes	1789	18.0	37.3
3. Never	2147	21.6	44.8
4. Don't Know	21	0.2	0.4

LIFE_J2 Actively participate in an environmental or conservation group or organization, for example, Ducks Unlimited, Sierra Club

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	647	6.5	13.5
2. Sometimes	1266	12.8	26.5
3. Never	7979	80.3	166.5
4. Don't Know	21	0.4	0.8

Technology and Fads

LIFE_K1 Keep informed about the latest consumer technology and gadgets

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	1483	29.5	61.2
2. Sometimes	1864	37.1	76.9
3. Never	1667	33.2	68.8
4. Don't Know	12	0.2	0.4

LIFE_K2 Use the Internet, e-mail or personal computers at home

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	4536	45.7	94.7
2. Sometimes	1285	12.9	26.7
3. Never	4095	41.2	85.4
4. Don't Know	19	0.2	0.4

Socializing and Friends

LIFE_L1 Get together socially with friends or neighbors

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	6604	66.4	137.7
2. Sometimes	2774	28.0	58.0
3. Never	545	5.5	11.4
4. Don't Know	13	0.1	0.2

LIFE_L2 Use the facilities or attend events at a country club or other private recreation club

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	1157	11.7	24.3
2. Sometimes	1996	20.1	41.7
3. Never	6762	68.0	140.9
4. Don't Know	20	0.2	0.4

Going Out and Eating Out

LIFE_M1 Eat out in restaurants, including fast food, or order take-out food 2 or more times a week

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	4080	41.1	85.2
2. Sometimes	3554	35.8	74.2
3. Never	2287	23.0	47.7
4. Don't Know	14	0.1	0.2

LIFE_M2 Attend movies at the theater 1 or more times a month

	<u>Frequency</u>	<u>*Percent</u>	<u>*Number in Millions</u>
1. Regularly	2582	26.0	53.9
2. Sometimes	2697	27.1	56.2
3. Never	4640	46.7	96.8
4. Don't Know	15	0.2	0.4